

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: DM

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Michels Lise

Coaches: Billet Francois HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 400M MEDLEY WOMEN 13-14 Heat:5, starttime: 14:56

Heat: 5/8 Lane : 8 Athlete: BILLET SOLINE Q-time: 05:49:12

PB (50m pool): 05:49.12 La Louvière 08/02/2026 PB (25m pool): 06:35.92 SB: 05:49.12 La Louvière 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.12	01:25.48	02:09.44	02:52.63	03:42.10	04:31.06	05:11.33	05:49.12
	00:39.12	00:46.36	00:43.96	00:43.19	00:49.47	00:48.96	00:40.27	00:37.79
								

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-12 Heat:10, starttime: 16:04

Heat: 10/18 Lane : 3 Athlete: ROEST NORAH Q-time: 01:31:03

PB (50m pool): 01:34.30 La Louvière 08/02/2026 PB (25m pool): no time SB: 01:34.30 La Louvière 08/02/2026

	5 0 M	1 0 0 M	
PB	00:42.18	01:34.30	
	00:42.18	00:52.12	
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-12 Heat:11, starttime: 16:06

Heat: 11/18 Lane : 7 Athlete: DARRAS LUCIE Q-time: 01:29:26

PB (50m pool): 01:29.26 MOUSCRON 25/05/2026 PB (25m pool): no time SB: 01:29.26 MOUSCRON 25/05/2026

	5 0 M	1 0 0 M	
PB	00:42.05	01:29.26	
	00:42.05	00:47.21	
			

Coach feedback:

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: DM

Event number: 11: 100M BUTTERFLY WOMEN 11-12							Heat:12, starttime: 16:08		
Heat: 12/18 Lane : 8 Athlete: THÈVE SELENE							Q-time: 01:28:65		
PB (50m pool): 01:28.65 MOUSCRON 25/05/2026							PB (25m pool): no time SB: 01:28.65 MOUSCRON 25/05/2026		
	5 0 M		1 0 0 M						
PB	00:41.61		01:28.65						
	00:41.61		00:47.04						
									

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12							Heat:3, starttime: 16:34	
Heat: 3/12 Lane : 5 Athlete: VIGIN PRUVOST LOUIS							Q-time: 05:34:99	
PB (50m pool): 05:34.99 Charleroi 01/05/2026			PB (25m pool): no time SB: 05:34.99 Charleroi 01/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.26	01:16.06	02:00.03	02:42.42	03:26.11	04:08.69	04:53.57	05:34.99
	00:36.26	00:39.80	00:43.97	00:42.39	00:43.69	00:42.58	00:44.88	00:41.42
								

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12							Heat:5, starttime: 16:46	
Heat: 5/12 Lane : 1 Athlete: BILLET EWEN							Q-time: 05:28:54	
PB (50m pool): 05:29.75 La Louvière 08/02/2026			PB (25m pool): no time SB: 05:29.75 La Louvière 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.53	01:18.24	02:00.38	02:42.84	03:25.45	04:08.29	04:50.64	05:29.75
	00:36.53	00:41.71	00:42.14	00:42.46	00:42.61	00:42.84	00:42.35	00:39.11
								

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14							Heat:5, starttime: 17:43			
Heat: 5/15 Lane : 3 Athlete: BILLET SOLINE							Q-time: 01:16:56			
PB (50m pool): 01:21.06 La Louvière 08/02/2026				PB (25m pool): 01:19.85 SB: 01:21.06 La Louvière 08/02/2026						
	5 0 M		1 0 0 M							
PB	00:40.10		01:21.06							
	00:40.10		00:40.96							
										

Coach feedback:

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: DM

Event number: 13: 100M BACKSTROKE WOMEN 13-14			Heat:13, starttime: 18:01
Heat: 13/15 Lane : 7 Athlete: HOEBEKE SOFIA			Q-time: 01:12:61
PB (50m pool): 01:16.64 La Louvière 08/02/2026			PB (25m pool): 01:14.38 SB: 01:16.64 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.21	01:16.64	
	00:37.21	00:39.43	
			

Coach feedback: